

# SENSORY BAG IDEAS

Mix and match the following items!

## WET

Water  
Oil  
Aloe vera gel  
Hair gel  
Water beads  
Playdough

Soap  
Shampoo  
Conditioner  
Body wash  
Shaving Cream

Paint  
Food coloring  
Canned/frozen foods  
Eggs  
Yogurt  
Pudding

## DRY

Rice  
Beans  
Pasta  
Oatmeal  
Flour  
Cornstarch

Cereal  
Grits  
Coffee beans  
Popcorn kernels  
Bird seed  
Leaves/flowers

Beads  
Feathers  
Confetti  
Paper  
Ribbon  
Small toys

String  
Glitter  
Buttons  
Magnets  
Bottle caps  
Puzzle Pieces

Some food items  
can be used cooked  
or uncooked!

Duct tape bags to  
the ground, wall or  
table top for  
stationary play!

Duct tape around  
all edges of the bag  
for mobile play!